

January 2019 Newsletter

HAPPY NEW YEAR!!

We would like to wish you all a very Happy New Year from all of us at St Dominics. Did you know that 2019 is year of the pig in the Chinese Zodiac? Whilst the Chinese believe it is known as an unlucky year, there are also associations with this year that the Chinese consider to be lucky such as the numbers 2, 5, 8 and the colours yellow, grey, brown and gold. Lucky flowers for all you keen gardeners are Hydrangeas and Daisies, so there is a lot about 2019 that is also lucky. Have you made a New Year's resolution this year? If so, what was it? Are you known to stick to your resolutions?



Let us tell you what fun we had in December

Visiting Maldon Christmas lights-



We had a lovely evening with three of our Residents, Madge, Doreen and Helga, looking at various Xmas stalls and enjoying a mince pie or two.



Christmas tree Festival We took some of our Residents to see all the Christmas trees at St Marys Church Kelvedon. This year was their 10th Anniversary and so the theme was Tin. St Dominics has always supported this event with a themed tree. This year our theme was 'Family'.



Marion Snook Dance Show Marion and her Dancers came into the home to perform their Christmas production. A fantastic show enjoyed by all.

Geoff Dukes Christmas sing a long We all enjoyed listening to our favourite Xmas songs and lots of residents and staff were up dancing.

Local Brownies singing Carols The Brownies came in to sing Carols to our Residents. It was lovely to see them and listen to them sing.

Kiddley Divey Some gentle exercise enjoyed by all to some festive music.

Jeff's Clothes Show A chance for our Residents to buy various items of clothes. The ladies all enjoyed browsing through the different clothes in the winter collection.

Mr Banning's Christmas Quiz



Residents, Families and Staff enjoyed the annual Quiz. Tracy's team took first prize which was a treasure of gold and silver coins. The losing team won wooden spoons.



Trip to Messing School for Christmas carols Helga, Joyce, Joan, Barbara, Jess and Madge went to Messing Primary School to listen to the children singing Xmas Carols. We had a lovely time and enjoyed tea and cake too.

Brian Shaw's Christmas Show

We had a lovely sing song with Brian Shaw singing all our favourite Christmas songs. Joyce C especially enjoyed his great dance moves and his Christmas suit.

Residents' Christmas party

Our Christmas party went down a treat with nearly 70 friends and family members joining us. The food was delicious and set out beautifully by Charlotte and Tracy. We had lots of fun with our quizzes and Mr Banning kept our glasses topped up with Wine.



The Aladdin Pantomime was absolutely brilliant with children watching as well as our residents, Margaret V sat right at the front and wasn't shy to join in the singing with the girls calling her their top singer.



Lunch at the Railway Tavern -We had a lovely traditional Christmas lunch and were made to feel very welcome . The residents that joined us were Sylvia, Kathleen, Madge, Jean B, Mairwen, Ralph, Joyce M, Mary H and Doris. We all had a lovely time and the lunch was delicious

Bernard the Story Teller – The residents really enjoyed listening to his Story telling, he was very interactive and very varied , as he also sang Christmas Carols and did a Quiz . Very much enjoyed by all.

Whats on This Month

Holy Communion - Thursday 3rd January 2.30pm

Tanya Honey - Wednesday 16th January 2.30pm

Kiddley Divey - Wednesday 23rd January 10.00am

Burns Celebratory Lunch - Friday 25th January at 12noon

Birthdays in January

Jean W - Saturday 19th January

Marjorie H – Monday 28th January

Joyce M – Wednesday 30th January

happy
Birthday

Meet our staff member Deborah Bennett



Debbie has been working with us for approximately 2 years now. She is now our Home Supervisor and helps keep the home on track. Before working here Deborah worked at St Georges care home. Debbie has 4 grown up children and this year had

two new additions to her Family her two Grandchildren Alex and Isabella, she now has her hands full as her new role of Nanny.

Meet our resident Sybil

Sybil lived in London as a child. She then moved to Kelvedon, she married Frank and they used to enjoy going to the Theatre together, she worked in Accounts for many years and enjoyed her Job. Sybil was a great Knitter for many years and used to make her own clothes. She has many friends, including Jane and Steve who visit often.

Here's a bit of St Dominics History

Renée's Sister-in-law, Pearl, and in this photo is her mum Violet, who lived in London and after a serious illness she came to St Dominics, which was then called the Dominican Convalescent Home run by the Nuns of the Dominican Order to convalesce and recuperate , this would have been around the early 1950's.



New Year word scrambler

How many words can you make out of these letters...

S T M B E A D R O N