

St Dominics Residential Home

June Newsletter

We are proud to be Key Workers



Welcome to our latest Newsletter. Well, here we are in the sixth month of the year. We are all enjoying some nice weather and at last we are slowly getting some sort of normality back in our lives, as the Government are gradually easing restrictions. We are very pleased to be able to inform you, we are now booking entertainment for our residents to enjoy, but ensuring they are Covid tested with the lateral flow tests, before entering the home. It is so nice that we are now able to do this.

Our residents have been enjoying our garden in the sunshine, it is looking very pretty indeed. Our Manager, Tracy, and our Home Supervisor, Deborah, were outside planting a variety of summer flowers and shrubs in our raised beds, our residents and activity ladies were on hand to water them in. At the start of this month, we are having our summer refills of our troughs and our hanging baskets will be delivered. Linda from Poplar Nurseries has been growing the baskets for us ready to hang out. So, our garden should be looking stunning, just in time for the good weather.



[Looking back in History to June 1953](#)

The coronation of Queen Elizabeth II takes place at Westminster Abbey celebrated as a public holiday. More than 20 million people watched the ceremony on TV, were you one of them?



[Let us tell you what we have been doing in May](#)

[May Day](#) - We had an informative time talking about May Day and learning about traditions in the UK and around the world. It was interesting learning about maypole dancing. It is a traditional spring holiday in many cultures.



How many of us remember dancing around a maypole, when we were children? Can you remember how much fun a large wooden pole and yards of brightly coloured ribbon can be? We also answered a quiz on May Day. It was an interesting and informative day; we hope you enjoyed reminiscing.

Arts and Crafts for Wildlife Day - We had a great afternoon with Katy, Helen and Mo making flag bunting for our wildlife themed day. The bunting looked very pretty with ladybirds, butterflies and flower motifs stuck on. Pauline and Helga helped put the printed pictures in laminated pouches, so we could make the placemats. Our residents enjoyed making them with Helen our activity lady.



Trip to the Angel Pub - We had a relaxing afternoon with Tracy our Manager, Deborah our Home Supervisor, Maricel and Nicki, taking Jane, Helga and Pauline to the Angel Pub. We sat outside in the garden and enjoyed a cool refreshing drink and a chocolate Brownie. It was lovely chatting and spending time with our residents and staff. We all agreed it was nice to be in a pub again and in the sunshine too.



Wildlife Day - We had a great day celebrating British Wildlife Day. We decorated the conservatory with animal bunting, which Katy, Mo and Helen helped to make. The table cloths had grass effect and the placemats had hedgehogs on, which matched the serviettes.



The flower arrangements had butterflies and ladybirds on, these looked very pretty, the residents enjoyed seeing these. The activity ladies looked great, wearing butterflies, frogs and ladybirds on their tops. We did a written quiz on wildlife, also a wildlife identification game, with facts on British animals. In the afternoon the activity staff served tea and Butterfly cakes. It was an enjoyable day.



Balloon Tennis - Our residents and staff had a fun afternoon playing balloon tennis. This was a completely safe activity to do as we used foam batons. It was a real giggle for all involved and such good exercise for the residents (and staff!) who took part. A great spectator sport too, as lots of laughter had by all.



Flower Arranging - We had a creative morning making silk flower arrangements in oasis. Our residents really enjoyed making beautiful flower arrangements. Rowena is seen here proudly holding hers. They are out on display in the conservatory for all to see and admire.



Meet our staff member - Sue was born in Nounsley to parents Eric and Edna, she has a twin brother, Peter, and an older brother and sister, Libby and David. She went to the John Bramston School and she enjoyed learning short hand typing whilst there. On leaving school she worked at Marconi's as a trainee secretary, whilst there she won Secretary of the year award out of forty people. After having her daughter, she decided to change her career and worked at Tesco's for 21 years on the Deli counter. She is married to Lindsey and in her spare time she enjoys gardening and cooking. Sue has worked at St Dominics for two years and has been Head Chef for over a year. Sue enjoys her job role here and the food she prepares is varied and enjoyed by all.

Meet our Resident - Pauline was born in Chelmsford and attended a convent school in London, but when the war came, she was evacuated to a lovely family in St Neots in Bedfordshire. She returned to Chelmsford and worked in the office at Bolingbroke and Wenley store. She met her husband Norman at one of Chelmsford's dances and they became inseparable for the next 66 years. Norman worked at Marconi's all his life and was a draughtsman. Pauline brought up their two daughters, Sue and Lynn, she also worked as a school Dinner Lady at Gt Baddow Comprehensive School for many years.

Pauline and her husband lived in Great Baddow and lived in the same house since they got married on American Independence Day on 4th July 1953. When they retired, they spent time helping with their 4 grandchildren and 5 great grandchildren. When she can Pauline enjoys going out for a coffee and a cake.

What's Coming up this Month

Friday 4th June

National Cheese and Wine Day

Wednesday 16th June

Kidley Divey

Tuesday 22nd June

Flower Arranging

Thursday 24th June

Rock around the 50s

Friday 25th June

Film Afternoon

Please check our Notice Board or speak to our Activity Staff for further details.

Visiting

As you are no doubt aware, we have amended our visiting procedures in line with current Government guidance. We are attempting to accommodate all requests. Please bear with us, we can only enable visits when we have the staff to facilitate them. We do understand, for residents' mental wellbeing, visits are important and we are striving to get a safe regime in place to accommodate them.

June Birthdays

We would like to wish Doris and Maureen a very Happy Birthday as they both celebrate their special day this month. Our cook Sue will be busy in the kitchen baking cakes.



How many words can you make out of this word?

Please let Nicki, Helen or Nicci know.

INTERACTIVE

Jokes to make you smile....

The Plumber asked the lady where is the drip.
She said. " He's in the bathroom trying to fix the leak."

"How long will my Spaghetti be ?"
"I don't know. We never measure it. "



Thoughts to Read

Reading is to the mind what exercise is to the body.

The man who has confidence in himself gains the confidence of others.

Sponsored Dog Walk to raise money for Farleigh Hospice

Tracy our Manager will be organising a sponsored walk in September to raise money for Farleigh Hospice. Details of this will follow nearer the time.



SEPTEMBER
SPONSORED DOG WALK
AT
ST DOMINICS
TO RAISE MONEY FOR
FARLEIGH HOSPICE

PLEASE ENTER YOUR POOCH VIA THE UPSTAIRS OFFICE.
SPONSOR FORMS TO FOLLOW